

## Highway Driving Program

Half-day course. (12:30pm to 4:30pm)

- Start**
- Build on your existing knowledge base.
  - Speed, drugs, alcohol, fatigue & the open road.
  - Safe, defensive driving strategies.
  - Skidding / loss of steering.
  - Common steering faults.
  - Following distances.
  - Reaction times.

## Course Details

Highway driving sounds simple, but is an entirely different setting to other forms of road usage.

Your speed judgement and observation skills are being used differently. Your mindset is catering to the principles of defensive driving but these skills need to cover multiple lanes travelling in either direction, therefore the use of lanes is paramount for successful navigation of this form of driving.

Entering onto and exiting from highways and freeways can also be made easier by following a few simple guidelines.

This course is for both passenger vehicles & 4WD vehicles.

**Venue:** The training can be delivered either ex-Adelaide, or in regional areas.

**Participant Requirements:** Agency fleet vehicle.

## Learning Outcomes

- OHS&W and environmental awareness.
- Enjoy increased confidence while driving on highways and freeways.
- Observation and attention levels.
- Rules of observation.
- Correct planning and preparation.

## Slow Manoeuvre Program

Half-day course. (8:00am to 12:00pm)

- Start**
- Build on your existing knowledge base.
  - Vehicle manoeuvring skills.
  - Make valuable comparisons between different vehicle designs.
  - Driving within confined spaces.
  - Vehicle dimension awareness.
  - Steering methods and advantages / disadvantages.

## Course Details

This course is designed to provide an insight into particular skills useful when actively manoeuvring a vehicle in confined spaces. More often than not damage caused to plant and equipment occurs during slow speed manoeuvres of other plant and equipment, namely motor vehicles. Good observation techniques, coupled with correct steering techniques and seating position allows for accurate directional control of the vehicle. For many people, slow speed manoeuvres have been self-taught as it was not an essential element to obtain your drivers licence, as it is now.

This course is for both passenger vehicles & 4WD vehicles.

**Venue:** The training can be delivered either ex-Adelaide, or in regional areas.

**Participant Requirements:** Agency fleet vehicle.

## Learning Outcomes

- OHS&W and environmental awareness.
- Enjoy increased confidence and enhanced skills in confined spaces.
- Make valuable comparisons between different vehicle designs.
- Reversing techniques.
- Precautions to take when reversing.

# DEFENSIVE DRIVING COURSES



TRANSPORT  
TRAINING  
CENTRE

# Is GOOD-enough SAFE-enough?

**80% of accidents could have been avoided if the driver was aware or had former experience!**

**The Transport Training Centre at Regency Park conducts a range of Defensive Driving Courses** using fully qualified trainers with their advanced driving techniques.

## The Aim

To promote an awareness of factors that contribute to collisions on the road and decrease vehicle running costs.

## Pre-Course Requirements

All applicants must hold a current driver's licence (Probationary Licences are accepted) & will be required to produce the licence on the day. Applicants are to wear neat casual attire (thongs & bare feet are not acceptable for safety reasons).

## What are the Major Benefits?

- Hazard Recognition
- Driver Awareness
- Fuel Efficient Driving
- Driver Fatigue
- Vehicle Control
- Road Law Knowledge
- Minimising Driver Stress

## Defensive Driving Program

- 8:00am
- Registration
  - Opening Introduction
  - Course Aims, Program
  - Theory Session: Driver Awareness & Human Factors
  - Morning Break
  - Theory Session: Vehicle Control, Steering & Braking
- 12:00pm
- Lunch
  - Practical Session: City Driving Procedures
  - Practical Session: Hills Driving
  - Afternoon Break
  - Practical Session: Country Driving
  - Debrief/Question Time
- 4:30pm
- Certificate Presentations
  - Conclusion

## Cost

The cost will cover theory sessions and practical instruction in city, suburban, freeway and country driving. A certificate will be issued at the completion of the course.

## The Course

- The course is of 8 hours duration. 4 hours will be spent on theory plus demonstration followed by 4 hours in vehicle.
- Three course participants will be accompanied in each vehicle with an accredited driver trainer.
- The drive will occur on predetermined routes and cover major aspects of city, metropolitan, freeway and country driving techniques.
- The major benefit of the course is that it takes place in the "Real Traffic", using vehicles supplied by the Centre on public roads in real traffic situations.

## Vehicle Control Program

Course commences at 8.00am or 12.30pm  
A 4 Hour Session

- Start
- Registration
  - Opening Introduction
  - Course Aims, Program
  - Theory Session
  - Vehicle Practical Session
  - Theory Session
  - Certificate Presentations
  - Conclusion

## Cost

The cost will cover theory sessions and a practical drive using the Controlled Simulation Vehicle. A certificate will be issued at the completion of the course.

## The Course

- The program uses a motor vehicle mounted on a hydraulic frame to simulate dirt roads or slippery surfaces.
- Transport Training Centre instructors can control the frame from the passenger seat and provide instruction to students in a safe & pro-active manner.
- Instruction is provided through a series of slalom exercises. This course has been specifically tailored to increase and enhance skills and techniques when manoeuvring a vehicle.
- The knowledge and skills gained from this course will exhilarate your driver awareness to heights not previously experienced.

**Transport Training Centre Inc.**  
17 Wirriga Street, Regency Park S.A. 5010  
P.O. Box 2348, Regency Park S.A. 5942  
Telephone: (08) 8268 6066 Fax: (08) 8347 2388  
[www.ttc.com.au](http://www.ttc.com.au) [enquiries@ttc.com.au](mailto:enquiries@ttc.com.au)